

varieties of biscuits, one being composed of gluten flour and a small proportion of powdered ginger, and the other of soya flour flavoured with caraway seeds; both contain a minimum amount of starchy matter, while saccharin has been substituted for sugar. The biscuits are very palatable and form a valuable addition to the dietary of diabetic patients. The firm publish some valuable recipes for diabetic cookery, which our readers would find valuable in Nursing cases of this disease; and which we believe they would be able to obtain by writing to the firm at 6, Duke Street Mansions, Grosvenor Square, W.

### COCA WINE.

This preparation, for which Messrs. Armbricht, Nelson & Co., of Duke Street, Grosvenor Square, are well known, continues to hold the important position which it has acquired as a tonic stimulant and restorative in muscular exhaustion, convalescence or debility. It has recently been used with much advantage in cases of depression, caused by the withdrawal of opium from those who are suffering from the morphia habit. It has also been found useful in promoting sleep, even in cases where opium failed, so that as a medicinal means, as well as a nerve tonic, the wine possesses very great advantages.

### Letters to the Editor.

MADAM,—I have been much interested in a correspondence in the NURSING RECORD concerning massage, and I have been hoping that a guild might have been formed and attached to the R.B.N.A.; but as the subject has been brought before the Executive Committee, and they are not able to undertake the work, I shall be obliged if you will make my views known through the medium of your paper. Before formulating any definite scheme for the registration of thoroughly qualified masseuses, I should be glad to hear from ladies engaged in the work, with a view to forming an Association of really good workers.—I am, Madam, Yours faithfully,

119, Queen's Gate, S.W.

EILEEN GUBBINS.

### REPLIES.

*Secretary (Birmingham).*—There is a valuable Insurance Office for Accident and Sickness in York Place, Edinburgh, from the Secretary of which you could doubtless obtain full information.

### LETTERS RECEIVED.

- A. Mrs. Roberts-Austen (with enclosure). Miss C. J. Armstrong, South Kensington.
- B. Mrs. Bond, Chicago (with enclosure).
- C. Miss Currie, Brentford.
- D. Miss Doughty, Limerick (with enclosure).
- G. Mrs. Gordon, London. Mrs. Gubbins, London (with enclosure). Miss Clara Jump, Folkestone.
- H. Miss Haig, Philadelphia.
- L. Miss E. J. R. Landale, Edinburgh (with enclosure).
- M. Miss A. Masters, London.
- N. Miss Elizabeth Newman, Tunbridge Wells.
- S. Dr. Edward Seaton, Clapham Common.
- T. Mrs. A. Taylor, Gloucester. Miss Travers, Bristol.
- W. Miss Wellesley, Birmingham (with enclosure).

### THE SECRET OF A GOOD CUP OF TEA.



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85 and 86, Cheapside (near King Street);  
158, Fenchurch Street (near Lime Street);

TAILORING:  
42, Conduit Street, Regent Street, W.

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